



## Membership Terms and Conditions

\*For the purpose of this agreement, ALL YOUR LIFE FITNESS CLUB LTD T/A XTREME CSC Gyms and Xtreme Gym Waterford Ltd will hereinafter be referred to as “the gym” and applicant is referred to as “the member”. This is a full set of terms & conditions and as such will be available from reception to all members if requested. Management reserve the right to amend and update these terms and conditions.

1. Membership of the gym will entitle the member to use all the facilities of the gym, depending on the type of membership chosen. Each member will receive a free key fob on joining up and this must be scanned on each visit to the gym. If a member loses or breaks a key fob a new one may be bought with a charge per key extra fob. (ask in store)

2. Direct Debit Membership Policies: We accept payment for gym membership by cash, debit card or by direct debit (fees and membership contracts vary depending on the membership chosen). A Direct Debit membership may require a pro-rata fee pending the sign-up date (pro-rata fee = chargeable rate from the date of sign up until the end of the current month). This is payable by cash or laser card. A joining fee is applicable to all new members in most of Xtreme CSC facilities. (ask in store)

3. Cancellation: All direct debit memberships have a contracted term of 4 months. If you cancel your direct debit or if your direct debit fails, you will incur a surcharge fee and entry to the gym may be denied.(ask in store) Memberships cannot be cancelled within these first 4 months. If memberships are cancelled after this time period, it must be done by the Gym Manager on request by the member and a DD cancellation form will be filled out by the member and kept on record. Memberships can be cancelled at the gym reception only . Cancellation requests require 1 months’ notice. Members expressly acknowledge that it remains their responsibility to cancel their own membership. Once membership has been cancelled If the member notices any discrepancy in their Direct debit account in the month following cancellation, they need to notify the gym immediately. If the member wishes to join the gym again after a membership cancellation, they will be subject to a joining fee again. Memberships are non-transferable and non-refundable

. 4. AYLFC Ltd T/A Xtremecsc will not refund any membership regardless of the reason.

5. AYLFC Ltd T/A Xtremecsc will not freeze any membership regardless of the request.

6. Membership may be terminated by the management for violation of the rules & regulations of the gym, or for conduct deemed detrimental to the welfare, good order or character of the gym or its members. All members are expected to show respect to staff of Xtremecsc and other members. Any member demonstrating conduct deemed abusive in our facility will be asked to leave. Staff are instructed to call the local authorities if a member’s behaviour is threatening or violent in any way either towards another member of Xtreme CSC or towards a staff member of Xtreme CSC.

7. The member acknowledges that the gym will not be responsible for the loss of any items or damage to personal property, either on the gym’s premises or car park. Each member is advised to

look after their belongings and never bring anything of value into the gym. Lockers are provided and members are welcome to bring their own locks (providing their locker is emptied at the end of their training session and the lock is removed) or alternatively locks are available from reception to buy or in some gyms to borrow.

8. The gym's Health Status Questionnaire must be completed and signed by all applicants in advance of using the gym's facilities. Staff may request that you provide a doctors clearance cert before allowing you to join as a member. This is in the interest of the members health and safety. Members are advised to inform class instructors of any injuries or health issues prior to the start of the fitness class. Members are required to dress in appropriate gym attire while training or attending classes. This will include clean sports shoes and socks when using the gym.

9. The gym will use its best endeavours to ensure that all facilities, apparatus and equipment are maintained in working order, but the gym accepts no responsibility to the member for failure or breakdown of any equipment or apparatus, however caused. All equipment used, however small is expected to be replaced/returned to its rightful place. This is a policy of Xtreme CSC and if a member is found to be consistently ignoring these policies membership will be revoked. The club may withdraw use of all or part of the club for the purpose of undertaking maintenance work or any other work considered necessary for a maximum period of seven working days.

10. The club reserves the right to vary the opening hours as considered necessary for the proper operation of the centre or pertaining to holiday seasons.

11. Only personal Trainers hired by the gym are permitted to train clients in our facilities. Anyone suspected of personal training in our facilities without our knowledge will be asked to leave the gym and will not be allowed to return. Pending the graveness of the situation this person may be excluded from entering any of our Xtreme CSC facilities in the future.

12. Members 16-18yrs must produce a valid photo ID if they wish to join one of our facilities and must have had a full gym induction before training on their own. This is in the interest of Health and Safety, and we appreciate your cooperation. No person under the age of 16 may train in any of our facilities.

13. We require all members to wipe down all equipment used to include plate weights and dumbbells and all bigger equipment with anti-bacterial spray and blue-roll provided throughout each facility. We expect all members to return all equipment to its original place after use.

14. All the Conditions of Membership and Rules contained herein apply equally to Members, Day Pass Members and Class Users alike.

15. On joining the gym, the member automatically accepts and agrees to be bound by these terms and conditions of membership of the gym. Issued on behalf of All Your Life Fitness Club Ltd trading as Xtreme CSC